

2016 Annual Report for AWAD Shooting Team

The past year the AWAD Shooting Team participated in a number of World Cup and MQS events. As this is not a Quota Spot year we used the match in Hannover Germany to prepare for the next quadrennial. Guns were overhauled and ammo was matched for competition purposes. This turned out to be very beneficial for Mike LaRoche as we found out that his rifle was suffering from a broken part that caused erratic shots. His performance has increased quite a bit since the repair.

We received a quota spot for Doug Blessin and with this notice he spent more time at the gym in a directed physical training program as well as utilizing the expertise of Chris Trifonidis during his range times. His training match performances have increased markedly.

Last year I announced that Dr Linda Gagnon had received her classifier training. From this we were able to classify two athletes in Vancouver at one of our training camps. She also met with two other athletes at Rifle Nationals and conducted the classification process with them. In the near future she will be classifying a number of athletes in the Montreal area that are participating at a club there.

At rifle nationals we had an SH1 athlete qualify for the team and he will participate in team activities starting in the fall.

As part of my succession planning I invited a coach from Quebec to travel to the WC in Ft Benning. I am looking for more coach volunteers to step forward and work with the team.

Respectfully

Rick Ward CD CTech ChPC

Head Coach AWAD Shooting Team