

CHAMPIONSHIP OF THE AMERICAS (CAT) REPORT

November 1 to 11, 2018

The Shooting Federation of Canada sent 35 High Performance Program athletes and 7 support staff to the Championship of the Americas (CAT) that was held November 1 to 11, 2018 in Guadalajara Mexico. The CAT Championship offered one of Canada's best opportunities to achieve 2019 Pan American Games and 2020 Olympic quotas.

During the course of the Championship, Canada was successful in winning 18 PanAm quotas across all disciplines and events and 1 Olympic quota in women's Air Pistol. SFC Athletes also brought home an individual gold medal and 2 team medals (Silver & Bronze). Please see the list below highlighting our successes:

OLYMPIC GAMES QUOTAS	
EVENT	ATHLETE NAME
10m AIR PISTOL WOMEN	Lynda Kiejko

PANAM GAMES QUOTAS	
EVENT	ATHLETE NAME
10m AIR PISTOL MEN	Allan Harding
10m AIR PISTOL WOMEN	Lynda Kiejko
10m AIR RIFLE MEN	Christopher Baldwin
10m AIR RIFLE WOMEN	Shannon Westlake
TRAP MEN	Drew Shaw
TRAP MEN	David Moss crop
TRAP WOMEN	Lindsay Boddez
TRAP WOMEN	Elizabeth Longley
SPORT PISTOL WOMEN	Pat Boulay
SPORT PISTOL WOMEN	Kim Britton
RAPID FIRE PISTOL MEN	Jim Sandall
RAPID FIRE PISTOL MEN	Metodi Igorov
3 POSITION RIFLE MEN	Greg Sych
3 POSITION RIFLE MEN	Tommy Lapointe
3 POSITION RIFLE WOMEN	Cindy Luk
3 POSITION RIFLE WOMEN	Sharon Bowes
SKEET MEN	Richard McBride
SKEET MEN	Trystan Curran-Routledge

MEDALS	
EVENT	ATHLETE NAME
10m AIR PISTOL WOMEN ~ INDIVIDUAL GOLD	Lynda Kiejko
50m PRONE RIFLE MEN ~ TEAM SILVER	Wynn Payne, Greg Sych, Michal Dugovic
TRAP MEN ~ TEAM BRONZE	Curtis Wennberg, David Moss crop, Drew Shaw

Personal Bests were achieved by Cindy Luk in Women's 3P Rifle, Richard McBride in Men's Skeet and Matthew Van Haaren in Men's Trap. It is worth mentioning that all 4 Men's Trap athletes (Curtis Wennberg, Drew Shaw, David Mossdrop and Matthew Van Haaren) shot scores above the National Team MQS and all four gentlemen cleaned at least one round (25) during the competition with Matthew Van Haaren cleaning two! Time to raise those scores! 😊

On another note, two athletes placed just one position away from making finals and one missed only by the X count! Achieving such close results only proves that our athletes are readying themselves for PanAm Games and I suspect that they will rise to the occasion when the time comes. Finally, I would like to make mention that our prone rifle team member, Wynn Payne, was the most senior athlete at the games at the age of 72 AND he won a team medal. Congratulations Wynn!

On behalf of the High Performance Committee, I would like to extend a sincere congratulations and thanks to all the athletes for a job very well done. We are so proud of your accomplishments and look forward to the success we will achieve at the PanAm Games in Lima, Peru, July 26th to August 11th, 2019.

Last, but certainly not least, I need to acknowledge a few individuals and pass on thanks. It doesn't seem like enough, but they come from the heart. To our Technical Director, Susan Verdier, who knows all the rules, keeps everything organized and helps keep us on the right path. To Tanis Theissen, our athletic therapist who fixed our aches, pains and bruises, you were a great addition and fit to our team. To Jocelyn Poirier, our Mental Performance consultant, thank you for all the work you did through ADOBE connect presentations and one-on-one with athletes. Our athletes definitely appreciate everything both of you did for them prior to and during the Championship. And finally, I would like to extend my congratulations and huge thanks to the National Coaches who worked tirelessly to ready our team for the Championship. I consider myself very lucky to have you all on board. Your commitment to your disciplines is astounding and you do so much with so little.

Moving into 2019, the High Performance Program is PanAm focused and I have no doubt that we will be PanAm successful!

Lisa Deneka
VP High Performance