

The Shooting Federation of Canada
is the National Sport Governing Body
for Olympic and Recreational Shooting.



La Fédération de tir du Canada est
l'organisme national de régie du sport
pour le tir olympique et récréatif.

November 10, 2020

Hello Athletes, Coaches and Members of the SFC,

The Shooting Federation of Canada believes in providing a respectful safe environment for the enjoyment and pursuit of excellence in our sport. We have developed a Mental Health Strategy (MHS) to guide our IST practitioners, coaches, athletes, and support personnel. The MHS includes the steps and parameters needed to ensure the health and safety of the individual in crisis as well as the health and safety of those around them.

To help us create a robust and clear MHS we joined forces with Susan Cockle, Psychologist and Sport Mental Performance Consultant. Please join us via BlueJeans on November 24th, 2020 @ 6:30 pm for the launch of our Mental Health Strategy.

Thank you.

Lisa Deneka,

VPHP, SFC